

# **Westchester United Intergroup Meeting**

**November 1 2007**

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**October 25, 2007**

**Hey Brothers & Sisters:**

**I want to thank all of you for your level of commitment and loving energy. It is inspirational. There is important work being done. I really want to stay focused on two things: what we need to do to maintain our abstinence and how to get out the OA message to those still suffering. As we gear up for our next Intergroup meeting you will see that I have made some changes to the agenda. I would also like to pass on some thoughts and ideas. Your feedback is welcome.**

- **I think it's important to acknowledge our commitment and our success within the program, by sharing our length of abstinence (even if only for one hour), anniversaries and step milestones. We will have an opportunity to do so after the Serenity prayer**

- **I want to spend some time upfront reviewing the Traditions. Please take a look at Tradition 11 before the meeting as we will discuss it.**

- **I am looking for volunteers to get to our Intergroup meeting early to set up and greet newcomers. It would be very helpful to give the newcomer some idea of what is going on and how the meeting is run.**

- **I am making a commitment to learn Rosanne's prayer since it is used at all Region 6 and World service meetings. I will have extra copies available on Nov. 1<sup>st</sup>.**

- **I will also be dining before the Nov.1<sup>st</sup> meeting at, Magic Wok, 43 Wheeler Ave. Pleasantville. All are welcome please R.S.V.P. so I can make reservation.**

**Thanks to All**

**Peace & Love,**

**John B.**

**914 720 7785**

## AGENDA

- Serenity Prayer
- Introduction – Please identify yourself and the group you represent if you are an Intergroup Rep and let us know if you are new at this. Also share any anniversary including any recently completed step and your length of abstinence.
- Preamble, 12 Steps, 12 Concepts (Read only 7-12)
- *Pass around sign in sheet*
  - Sign in: Name address phone, e-mail and group you represent if an Intergroup rep
- *Pass basket* - Our rent is \$1 but World Service suggests a donation of \$2
- Tradition of the Month: Review Tradition 11 (Debbie)
- Approve Treasurer Report (Anne)
- Approve minutes of October Meeting
- Old Business:
  - Inventory Next Steps (Kim)
  - Review By-law amendments
- New Business
- Announcements  
(IR's – Please refer to our website for current announcements)
- Roseanne's Prayer – followed by high fives, hugs, and kisses.

*I put my hand in yours and together we can do what we could never do alone. No longer is there a sense of hopelessness; no longer must we each depend on our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours and as we join hands, we find love and understanding beyond our wildest dreams!*

## Westchester United OA Intergroup October 2007 Meeting Minutes

**Attending:** Anne B (Acting Chair), John B (Acting Co-Chair), Carolyn C (Newsletter Editor), Roberta M (Speaker Bank), Larissa M (Hotline) Rabia M (Sat WP), Richard S (Katonah Wed), Jean B (Thurs Larchmont), Vivian N (Thursday, Yorktown), Debby D (Yonkers), Denise B (Yorktown), Debbie S (Correspondence Sec), Jmel W(Sponsor Bank), Vivian N (Yorktown), Mark W (Katonah), RoseAnn H (Ridgeview WP), Benz M (Mon WP)

### **Read:**

Serenity Prayer, Preamble; 12 Steps & 12 Traditions; Twelve Concepts of OA

### **Minutes of September meeting:**

Approved without amendment; 9 in favor, 1 abstaining

### **Treasurer's Report:**

Approved and filed for audit; 9 in favor, 1 abstaining

### **Report of Chair & Discussion of by-law changes:**

- Review of proposal on different wording: *"In the event that no qualified candidate appears for a position, the chair may nominate an unqualified candidate and the candidate may be approved as 'acting' in the position by group conscience at any Intergroup meeting. Between meetings, the chair may appoint a person to act in a position, with a simple majority of the board approving, so long as the acting status is approved by group conscience at the next Intergroup meeting."*
- Discussion of the advisability of getting too specific in rewording by-laws.
- Discussion of the possibility of a by-law committee to "hash out" potential changes.
- Discussion of by-law changes tabled.

### **12-Step Within Committee:**

- Debbie Siskind notified the group that this is her last month as Chair of the 12-Step Within Committee.
- Prayer & Meditation Marathon not well attended.
- Brookhaven visits have been suspended due to work conflicts. It is possible that they may begin again on a weekday.
- Discussion of possible retreat topics and leaders.

### **2 minutes of silent meditation before elections**

### **Election of Officers & Committee Chairs:**

Gratitude was expressed to recording secretary for preparing a table clearly outlining the open board positions and necessary qualifications. Gratitude was expressed to Anne B. for her service and work as Chair.

**CHAIR** – John B. was nominated, seconded and elected unanimously.

**VICE CHAIR** –Debbie S. was nominated, seconded and elected 14 in favor, 1 abstention.

**TREASURER** – Anne B. was nominated, seconded and elected unanimously.

**ACTING CORRESPONDING SECRETARY** –Larissa M. was nominated. Discussion was held regarding the relative merits of leaving the position open for a qualified person to fill as opposed to having the position filled. Vote: 3 in favor, 5 opposed, 7 abstaining.

**Motion to give Larissa the responsibilities of Acting Corresponding Secretary, with the understanding that upon filling the abstinence requirement, she would automatically be voted into the position. Vote: 14 in favor, 1 abstaining.**

**WORLD SERVICE BUSINESS CONFERENCE DELEGATE** – Carol B. was nominated. Because she was not present for the meeting, the group conscience was to elect her in abstentia. Vote: 14 in favor, 1 abstention.

**REGION 6 REPS AND ALTERNATES** –

- Discussion about the importance of abstinence requirements for these positions.
- Motion to leave current list of delegates in place, and delay electing Region 6 Reps until March (for the April Region 6 meeting). Motion was seconded. Vote: Unanimous

**PUBLIC INFORMATION** - Tom S. was nominated. Tom requested one month's delay before the vote. Motion passed with 14 in favor, 1 abstention.

**NEWSLETTER** – Carolyn C. was elected unanimously.

**SPEAKER BANK** – Discussion of whether to disband or revive the speaker bank. Motion to leave Roberta M. in a chair and table the issue of whether to disband or not. Vote: 13 in favor, 2 abstaining.

**ACTING I.R. MENTORING** –

- Discussion of the intertwining roles of IR Mentoring and Meeting Outreach and the work of the ongoing committee.
- Rick was nominated as acting chair of the committee. Vote: unanimous.

**ACTING SPONSOR BANK** – Jmel W. was nominated and seconded. Vote: Unanimous.

**WEB MISTRESS** – Beth T. was nominated and seconded in abstentia: Vote: 13 in favor, 1 abstention.

**ACTING 12 STEP WITHIN** – Rabia M. was nominated and seconded. Vote: 12 in favor, 3 opposed, 2 abstaining

**Meeting adjourned with Serenity Prayer**

## Committee Reports:

### Twelve Step Within Committee:

We've been very pro-active, solution-oriented and it's FANTASTIC!!!

- Weekly meeting Mondays @ 5:30 Dunkin Donut, White Plains Wal\*Mart
- IDEA Day (International Day of Experiencing Abstinence)
- Nov. 17- [10-11:30 OA Step 1 Meeting, 11:30-4PM Relapse and Recovery Marathon- focusing on getting and renewing abstinence]
- Actively planning a new Relapse Recovery evening meeting with WSO format
- January 19,2008 Marathon workshop on Sponsorship, Service, and Traditions given by Region 6 Trustee, Margaret

### Future Plans:

- Phone tree for relapse recovery members
- Diversity Outreach - new Black OA Pamphlet, discuss and plan all-inclusive outreach for multi-diversified population
- Care frontations- must be requested by member in relapse only
- Brookhaven Morbid Obesity Inpatient- bring OA Meeting to facility

Respectfully submitted,  
Your loving, grateful servant,  
Rabia  
Acting Chair (until I have 6 months abstinence- so far, so great)

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### Newsletter Report.

The deadline for articles and announcements for the next issue (Dec/Jan) is Nov. 15. The topic is SERVICE. The ideal length is 500 words.

Also, I need an article from a board member or intergroup rep. about how serving at the intergroup level has supported her or his recovery.

Thanks!

In service,  
Carolyn

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### Sponsor Bank:

The sponsor bank had 5 calls in September.

Jmel

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