



*Westchester United Intergroup of Overeaters Anonymous*  
*Pleasantville, NY*  
*5/4/06*

Attending: Bobbye H. (acting co-chair); Lynda K. (acting co-chair); Kim D. (treasurer, region 6 delegate); Anne B. (recording secretary); Carol B. (chair public information committee); Priscilla R. (newsletter); Beatrice S. (co-chair meeting outreach committee, co-chair IR mentoring committee); Kathy D. (co-chair meeting outreach committee, co-chair IR mentoring committee); Andrea K. (Mt. Kisco -- Monday); Phyllis F. (Monday, Ridgeview, White Plains); Steve G. (Tuesday Pleasantville); Carol L. (Wed. Ossining); Roxane T. (Wed. Yorktown); Margaret B. (Thurs. Yorktown); George K. (Fri. Carmel)

Bobbye H. chaired the meeting. The meeting opened with: the serenity prayer, introductions, reading of: the preamble, the 12 steps, the 12 traditions, the first six concepts.

Recording secretary The announcements section of last month's minutes was amended as follows:

- A proposed letter for WUIG to send was read & summarized as follows:
    - Meetings cannot adopt age restrictions. Anyone with a desire to stop overeating compulsively must be allowed to join, even children. Children can be excluded if they are disruptive, but not if they are Compulsive overeaters and want to stop eating compulsively.
    - This practice will result in a group having its registration invalidated by World Service
    - It is suggested that the corresponding secretary send out a letter to all meetings to this effect. A letter was discussed and wording unanimously approved, copy attached.
    - Lynda K. and Bobbye H. will also directly call the contact people for any meetings believed to be in violation
  - In addition, diet sheets cannot be put out or passed out at meetings
- The minutes were passed as amended (vote: 9 for, 2 abstaining)

Treasurer Kim D. reported, copy attached. The report was unanimously approved for audit.

Newsletter Priscilla R. reported. Newsletters were passed out. Articles about the Big Book are solicited for the July issue. Back issues are available upon request.

Public Information committee Carol B. reported, copy attached. Some highlights of the report included, that 5 volunteers appeared at a fair on April 8 in New Rochelle & were invited to appear at a children's camp; volunteers are solicited for the Ossining Street fair June 10; public service announcements will be on cablevision on 3 local stations: White Plains, Mamaroneck & Rye. Flyers are being put up throughout Westchester; Names of potentially interested health care professionals are solicited



Website Kathy D. read the report of Beth T. Intergroup announcements are solicited for the website & e-mail list. Beth T. is missing some minutes and treasurer's reports. Anne B. will contact past recording secretaries for back minutes.



Meeting list Bobbye H. reports. The website has been updated with the most recent Meeting List.



Temporary Sponsor Bank Lynda K. reports. More volunteers are needed



IR Mentoring Kathy D. reports. IR's have all received packets.



Outreach Bea reports. A discussion ensues about missing IR's.



Region 6 Kim D. reports, copy attached. Some highlights include: a sponsoring group is needed for the 2004 convention; many officer positions are open at the region level; money is available for advertising blitzes



12 Step Within Committee (who reported???) Suggestions: come early one day per month and call people from the We Care book; make calls to people who no longer come on the 12<sup>th</sup> of the month; relapse sponsors could identify themselves with the letter "R" next to their names in the "We Care" book.



Retreat Committee Anne B. started read the report written by Kimberly P., copy attached & noted that there were some minor errors in it. Since the report was long, the chair requested that Anne B. stop reading and simply attach it to the minutes.



World Service Convention (who reported??) We did not send anyone this year. We need to get a rep next year.



New Business



- A proposed flyer for a walking/talking group at the Kensico Dam was read and discussed. The chair decided it was a breach of tradition and withdrew it from consideration.
- The public information committee announces that there will be a tracking system for flyers sent out and where they were posted. People should contact Carol B. to give her the tracking information. Individual meetings should buy the welcome back packets from World Service.
- An e-mail was read where it was proposed that the position of "travel consultant" be established within Intergroup. This person would help travelers find OA meetings in places they travel to. There was some discussion about how this information might be available from World Service by phone or Internet. The topic was tabled until next month.



Abstinence anniversaries were announced.



Next meeting June 1

