

Westchester United Intergroup of Overeaters Anonymous
Pleasantville, NY

4/6/06

Attending: Bobbye H. (acting co-chair); Lynda K. (acting co-chair & leading meeting); Kim D. (treasurer & region 6 delegate); Anne B. (recording secretary); Larissa M. (corresponding secretary and region 6 delegate); Kathy D. (meeting outreach co-chair; IR mentoring co-chair); Linda E. (Monday Pelham); Phyllis F. (White Plains - Ridgeview, Mon. am); Kimberly P. (Mon., Yorktown mothers & others); Betty C. (Wed. Katonah); Carol L. (Wed. Ossining); Roxanne T. (Wed. Yorktown); Rita D. (Thurs. Yorktown, chair retreat committee); George K. (Carmel Fri.)

Opening: Sign in Sheet passed, Introductions, read preamble, read 12 steps, read first 6 concepts, minutes approved unanimously

Treasurer: report unanimously approved for audit & attached hereto

Not reporting: Newsletter, Website, Speaker Bank, Hotline

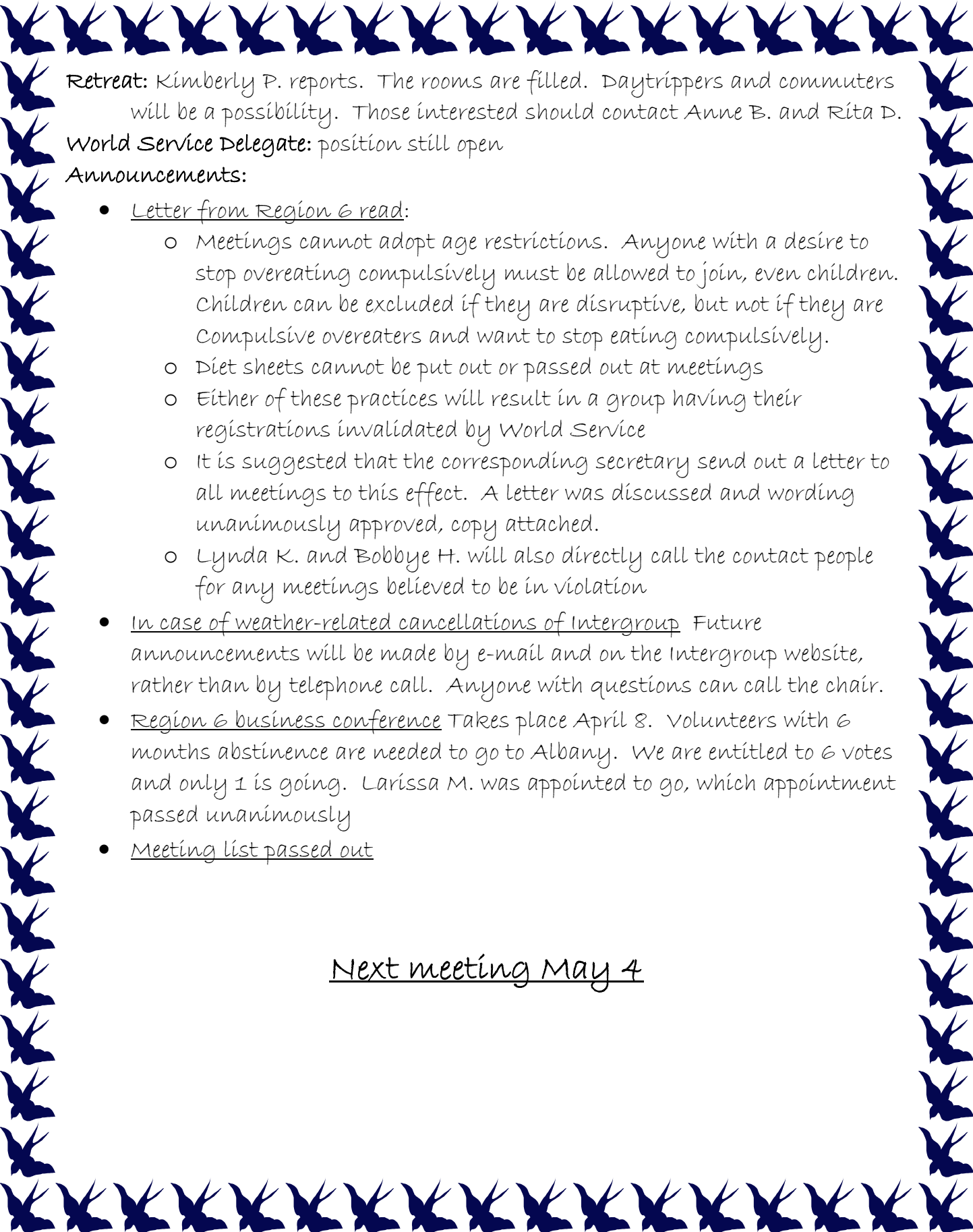
Public Information: Bobbye H. reports in the absence of Carol B. We expect to participate in a Health Fair on April 8, New Rochelle. We have supplied public service announcements that have or will be appearing on TV. Flyers are being posted throughout Westchester. A copy of a sample flyer is attached

Temporary Sponsor Bank: No formal report, but it was pointed out that a volunteer is covering for this position, which is considered open.

IR mentoring: Kathy D. reports. She passed out one folder today. She believes that all new reps have folders

Outreach: Kathy D. reports. If you do not see Intergroup info at some meeting, please let Kathy D. know. Phyllis D. offers to help Anne B. out with mailings while Kathy D. is on vacation this summer.

12 step within committee: Lynda K. reports. Volunteers are needed to help with the committee. A written report is attached. A suggestion is made for a newsletter concerned with recovery from relapse.



Retreat: Kimberly P. reports. The rooms are filled. Daytrippers and commuters will be a possibility. Those interested should contact Anne B. and Rita D.

World Service Delegate: position still open

Announcements:

- Letter from Region 6 read:
 - Meetings cannot adopt age restrictions. Anyone with a desire to stop overeating compulsively must be allowed to join, even children. Children can be excluded if they are disruptive, but not if they are compulsive overeaters and want to stop eating compulsively.
 - Diet sheets cannot be put out or passed out at meetings
 - Either of these practices will result in a group having their registrations invalidated by World Service
 - It is suggested that the corresponding secretary send out a letter to all meetings to this effect. A letter was discussed and wording unanimously approved, copy attached.
 - Lynda K. and Bobbye H. will also directly call the contact people for any meetings believed to be in violation
- In case of weather-related cancellations of Intergroup Future announcements will be made by e-mail and on the Intergroup website, rather than by telephone call. Anyone with questions can call the chair.
- Region 6 business conference Takes place April 8. Volunteers with 6 months abstinence are needed to go to Albany. We are entitled to 6 votes and only 1 is going. Larissa M. was appointed to go, which appointment passed unanimously
- Meeting list passed out

Next meeting May 4